



## Louisville Partner Offers Tips on Supporting Employee Mental Health

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In a bylined article published by the American Bar Association, **Emily Litzinger** encourages employment lawyers to help employers think beyond the letter of the law and realize they can have a broad impact on their employees' lives by making mental health a priority in the workplace. She explains that now is the time for employers to invest in preventative methods to stave off attrition, reduce burnout and address mental health concerns for employees as it is "not only the right thing to do, but it also benefits everyone to have a healthier and more productive workforce." Emily provides a list of topics that employment lawyers should explore with their clients in an effort to repair some of the damage caused by the pandemic and create workplaces that are inclusive and support employees.

To read the article visit the [American Bar Association](#).

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