



Attorneys Outline How Fitness Gyms Can Attract and Retain Talent in Today's Tight Labor Market

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In a bylined article published by the Global Health and Fitness Association, **Adam Sloustcher**, Partner and Co-Chair of Fisher Phillips' Sports Industry Team, and **Alex Castro**, an Associate in the firm's Fort Lauderdale office, offer best practices for gyms looking to attract and retain talent.

According to Adam and Alex, there are four key strategies employers should take to help solve staffing problems: create a healthy work environment; offer competitive salaries and benefits; offer flexible work-from-home and hybrid work shifts; and make employees feel empowered and valued, what Adam and Alex call "intangible characteristics" of a healthy workplace.

To read the article visit [Global Health and Fitness Association](#).

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