



Rick Grimaldi Talks to Fortune Magazine About Workplace Burnout

News

11.14.21

In an interview with Fortune Magazine, **Rick Grimaldi** weighs-in on diagnosing employee burnout. Rick, author of *FLEX: A Leader's Guide to Staying Nimble and Mastering Transformative Change in the American Workplace*, explains that “brain fog” is a tell-tale sign. “Feeling muddled: that’s the number one trigger for me. It’s when I’m not paying attention when I’m driving or I’m losing my keys.”

To read the article visit [Fortune Magazine](#) (subscription required).

Please reach out to our [Media team](#) for any news inquiries.

Related People



Rick Grimaldi
Partner
610.230.2136
[Email](#)

Related Offices

Philadelphia

